

GODDESS TOUR TO EGYPT

JANUARY 2023

A JOURNEY OF LOVE

All Goddess Tours have the intention of allowing participants to connect with their Divinity, Become Divine Love and change those things that are no longer serving their Highest Good.

We use various tools in order to let go, connect, and become really Joyful, Abundant Beings.

Singing Mantras is always one of the favourite tools used on the Goddess Tours. They bring Joy, they really help to connect to your Divinity, and they bring a sense of Peace and Calm, and transport you into a state of bliss.

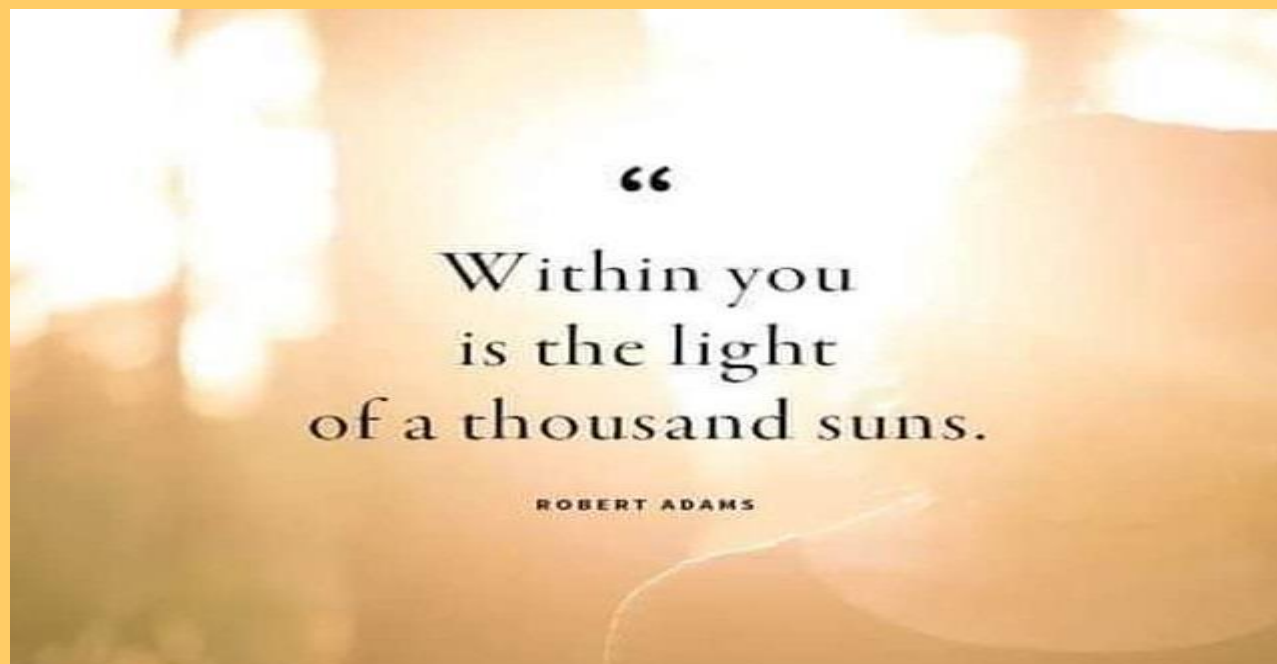
Essential oils are also a wonderful tool. Not only do they smell heavenly, but they are also a wonderful healing tool, to assist with connecting and letting go.

Sound Healing is also used to release stuck emotions from your cells, open your heart and transport you to a space where you are open, surrendered and where you allow yourself to let go of that which no longer serves you. We work with the **Elements: Earth, Air, Fire and Water**. We Burn with Fire, We Ground with Earth, We learn to Flow and Surrender with Water, and we learn to use our voices effectively and in a loving manner with Air.

Meditation is generally guided and done daily. We connect, we visualize, we let go and we become our Divinity.

We also work with the **Chakras**. They store all our memories and events, and we clear them, so that only what really serves us, stays behind.

Please know, that you are not expected to have any experience in any of the above areas. You are coming to learn, and to heal. Even if you have never meditated, by the end of this tour, you should be quite proficient in knowing how to go within, to connect to your Soul and to use these marvellous tool on a daily basis if you choose to do so.



8 January 2023 (Sunday)

Day 1

Arrive in Cairo from your International destination. Stay overnight in the Le Meridien Airport Hotel. (No meals included on this day, there are plenty Restaurants and coffee shops for you to choose from, or simply order room service if you do not wish to eat out)

Overnight Le Meridien Airport Hotel, Cairo

9 January 2023 (Monday)

Day 2

We fly to Luxor on the 7.30am flight. The group will be collected at Le Meridien Airport Hotel and be transferred to the airport.

You can pick up a quick breakfast in the airport whilst waiting for your flight to depart.

On arrival in Luxor, the group will be transported to Djorff Palace Hotel. This hotel has specifically been chosen because of its beautiful rooms and the care that has been put into everything. It is also ideal for our group to have privacy and space to hold our healing sessions. No two rooms are the same, each has been named and decorated individually...every single room is really beautiful.

"The building of Djorff Palace was originally started in 2010 and was the dream of Mohamed Fawy, his partner Dr. Marina and her husband David Speak. Their vision was to create a hotel that was more akin to an old Egyptian home than a standard hotel. The inspiration came from the buildings in old Cairo, especially the Gayer Anderson House, combined with the architectural design of Hassan Fathy. Following the death of her husband David, Dr. Marina left Luxor in search of treasures to complement the style of the hotel, whilst Mohamed remained to complete the structural work and the gardens. Together they often met in Cairo to search out old pieces of furniture or antique lighting so that any guest in the hotel could truly experience the golden age of travel in Egypt. The final result incorporates the arabesque and mashrabeya found in old Egyptian palaces together with carpets, artworks and decorative pieces from around the region which was always to be found in the homes of the old Egyptian aristocracy."

Have a look below to see what you can expect:







Lunch at Djorff Palace

After lunch we check into our rooms and have some free time before our visit to **Luxor Temple** in the early evening.

We will visit Luxor temple in the early evening in time to witness a beautiful sunset/moonrise. The construction of Luxor Temple was started by Amenhotep III and completed by Tutankhamun. It is also known as The Temple of Man and is a place of healing.

In the Egyptian language, the Luxor Temple is known as “ipet resyt” which means the southern sanctuary. Its main function was during the annual Opet festivals. At these festivals, the statues of Amun, Mut, and Khonsu were moved from Karnak, along the Avenue of Sphinxes, and reunited here during the inundation. We will also have the opportunity to walk along the recently opened Avenue of the Sphinxes, when we visit Karnak Temple.



Dinner in the Hotel

Overnight in Djorff Palace Hotel



10 January 2023 (Tuesday)

Day 3

Breakfast at the Hotel

Meditation in preparation for meeting with Sekhmet

We start our Journey, walking from Luxor Temple, along the Avenue of Sphinxes, until we reach **Karnak Temple**.

One of the highlights of our visit to Karnak Temple, is visit with the **Lion Headed Goddess, Sekhmet**. She takes on different personas, depending on the needs of the group. She can be Fiery, Gentle, Nurturing, Playful....BUT she is always very powerful and welcoming. She assist us with healing our hearts, letting go of past hurts and wounds, showing us our magnificence and pushing us to go beyond fear.





Lunch at Djorff Palace

Sharing session, what we experienced with Sekhmet and some more healing work.
Free time until dinner

Dinner in the Hotel

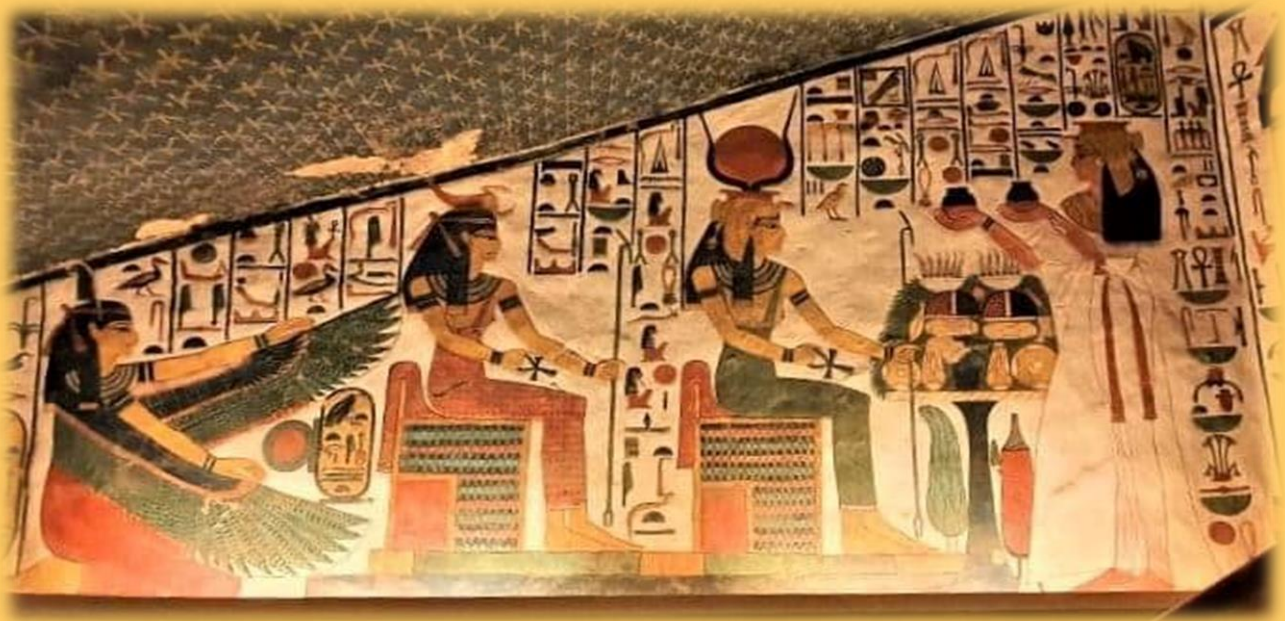
Overnight in Djorff Palace Hotel

11 January 2023 (Wednesday)

Day 4

Breakfast at the Hotel

We visit the **Valley of the Queens** and the **Tomb of Queen Nefertari**, the most beautiful tomb.



We then proceed to the **Chapel of Isis**, where we will partake in an ancient ceremony that was carried out by the Ancient Egyptians. We will spend our time connecting with Isis, the mother Goddess, and receive healing. This visit is always profound, and the healing, love and nurturing received here, is truly amazing.



Lunch at a Djorff Palace

Free time in the afternoon

Dinner in the Hotel
Overnight in Djorff Palace Hotel

12 January 2023 (Thursday)
Day 5

Very early in the morning, 5am we board the Dahabiya.



We get shown to our cabins and have an opportunity to shower and unpack.

Then our first breakfast on the Dahabiya.

We sail to Qena. While sailing, we have a Water Ceremony, followed by a Healing Session. The Nile River is the ideal place to heal our emotions, and we will take full advantage of this while we spend 7 glorious days, sailing the Nile.



We visit the **Hathor Temple at Dendera** with its breath-taking ceiling relief of the Dendera zodiac and its enigmatic images.





We continue to Nag`Hammadi. We pass through the loch there around midnight.

Lunch & Dinner aboard the Dahabiya Overnight Dahabiya

13 January 2023 (Friday)
Day 6

Breakfast on the Dahabiya

We continue sailing to El Balyana, from where we visit Abydos. One of the most sacred sites in Pharaonic Egypt, with numerous temples and tombs.

We visit the following temples and tombs:

The Temple of Abydos (Private Visit)

Seti I started the building of this temple, dedicated to the God, Osiris and his son Ramses I, completed the rest of the temple. This Temple is fascinating and I believe it holds many secrets and activations that are available to those that connect to the Magic stored here. This is a very interesting document, which I suggest you read, to learn more about this amazing temple: <https://trinfinity8.com/tag/yellow-cube/>



Ancient Egyptians tried to make a once in a lifetime Pilgrimage to Abydos and many tried as best they could to be buried there. They were wise beings, and although they existed on this earth centuries ago, they were connected to all of Creation and the Creator and were wise and knowledgeable as far as Ascension and the After Life were concerned.



The Ascension Gate Symbol
found at Abydos!!

Because we have a Private Visit at Abydos, we have the opportunity to visit the Osirion, which is special, because regular tourists are not allowed to enter this space. We will meditate in this area, and connect to the energies and wisdom stored here. My feeling always when I visit Abydos, is that it is a place of Resurrection.



Next, we visit Shunet El Zebib

The oldest known mud brick structure in the world, was used as a funerary cult enclosure for the last Pharaoh of the Second Dynasty in Egypt, Khasekhemwy. We will explore the ancient ruins and connect to the ancient Holy Land.

We visit the tomb of Omm Seti, her claim to fame is that she was a Priestess in the time of the rule of King Seti. There are many books written about her and she lived in Abydos for a number of years and considered herself to be the keeper of the Temple of Seti. She was well respected in her time.

Lunch & Dinner aboard the Dahabiyas
Overnight Dahabiya



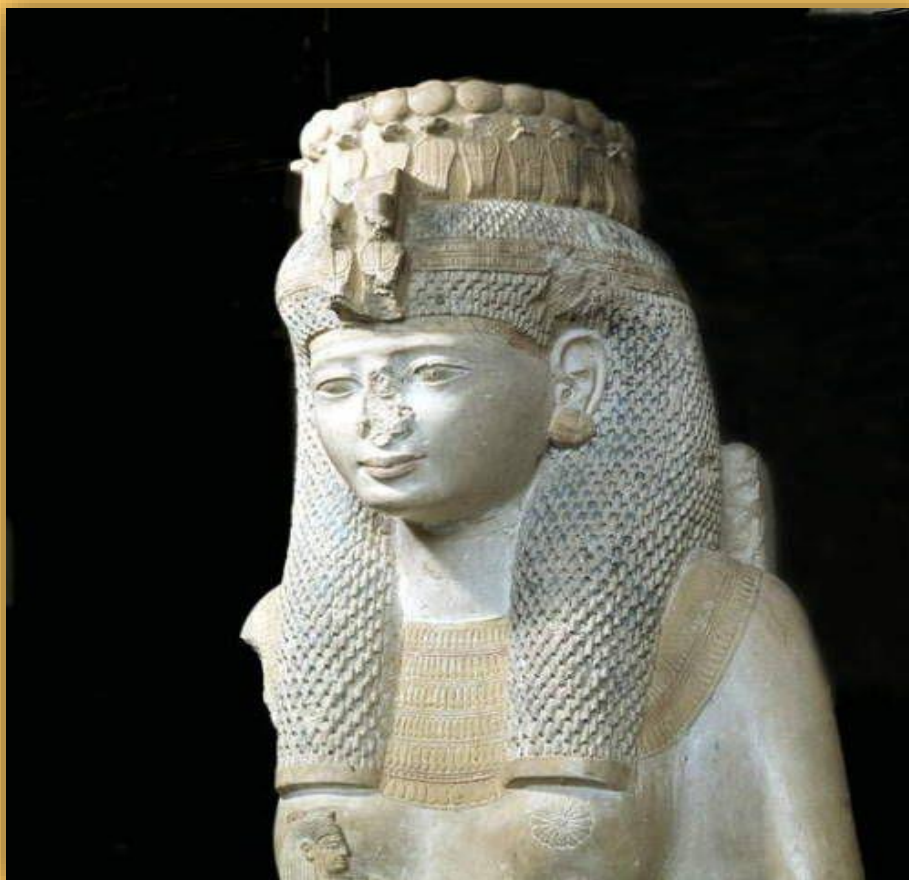
14 January 2023 (Saturday)
Day 7

Breakfast on the Dahabiya

Sail to Sohag, passing through idyllic countryside and tranquil villages to left and right.

Moored in Sohag. We visit:

The Statue of Meritamun



Meritamun was the daughter of Ramses II and Queen Nefertari. She became the Great Royal wife of Ramses II after the passing of her mother, Queen Nefertari. She was known as the White Queen. She had numerous priestly roles including Sistrum Player of Mut, Menat Player of Hathor, Songstress of Atum and Lady of Both Lands. She played a very prominent role in Ancient Egypt. We will also visit her tomb in the Valley of the Queens.

The Red Monastery



Founded in the Fourth Century, the Red Monastery was constructed of red mud bricks, from where it gets its name. It is one of the most important Monasteries built in early Christianity. We will also visit the Church of the Virgin Mary, which is attached to the Monastery.

White Monastery



The White Monastery was covered in limestone salvaged from Pharaonic Temples in the area, and this is where it gets its name. It is still an important Spiritual place for Coptic and Christian Pilgrims. The energy is high, due to it being built above a temple.

Lunch & Dinner aboard the Dahabiyas
Overnight Dahabiya



15 January 2023 (Sunday)

Day 8

Breakfast on the Dahabiya

We start sailing to Asyut early in the morning. We have a full day of sailing, giving us the opportunity to partake in Healing Sessions, connecting with our Divinity, healing past hurts and opening our hearts.

Lunch & Dinner aboard the Dahabiyas

Overnight Dahabiya

16 January 2023 (Monday)

Day 9

Breakfast on the Dahabiya

Visit Deir Durunka & Deir El Muharraq

We visit the Monasteries in Deir Durunka and El Muharraq. Both places where the Holy Family are believed to have taken refuge. Deir El Muharraq has received many appearances by the Virgin Mary and is a place frequently visited by pilgrims.



We sail to Tel Amarna. We spend the afternoon relaxing and also partake in a Healing Session.

Lunch & Dinner aboard the Dahabiyas

Overnight Dahabiya



17 January 2023 (Tuesday)

Day 10

Breakfast on the Dahabiya

Visit the Archaeological Museum and the Tomb of Petosiris

In the afternoon, after lunch, we participate in a healing session.

Lunch & Dinner aboard the Dahabiyas

Overnight Dahabiya

18 January 2023 (Wednesday)

Day 11

Breakfast on the Dahabiya

Visit Tel Amarna

A special day. Although the Temple at Tel Amarna is in ruins, the energy is pure and filled with love.



The Temple was constructed for Akhenaton and his wife Nefertiti and was used to worship the Aton, the Sun.

Lunch & Dinner aboard the Dahabiyas

Overnight Dahabiya

19 January 2023 (Thursday)

Day 12

We disembark from the Dahabiya early in the morning and travel to Cairo.

It is quite a long drive to Cairo, so you will have the opportunity to watch the scenery along the way, or take a nap.

Lunch boxes supplied by the Dahabiya



On arrival in Cairo, we check into the Steigenberger Pyramids Hotel. We all have Pyramid View rooms here, so this will possibly be your first opportunity to view the Giza Plateau, home to the Sphinx and 3 Pyramids.

Dinner in the Hotel

Overnight in Cairo Hotel

20 January 2023 (Friday)

Day 13

Meditation and Healing session in the morning before Breakfast

Breakfast at the Hotel

We visit the newly opened Grand Egyptian Museum

Lunch at a local restaurant

We visit the Giza Plateau and experience the wonders of the 3 Pyramids and the majestic Sphinx



Dinner in the Hotel

Overnight in Steigenberger Pyramids Hotel

21 January 2023 (Saturday)

Day 14

Early in the morning, we travel to Saqqara, where we will have Private Entrance into the Step Pyramid, the very first Pyramid built in Egypt.

This Pyramid has recently undergone refurbishment and has only been open to the public for a short while. I believe there are some amazing mysteries, and we will



have the opportunity to meditate and partake in Sound Healing while we have this space all to ourselves.



After our private visit to the Step Pyramid, we visit Saqqara, the Healing Temple, where you can find evidence of Sound Healing, and also enter the Djoser Pyramid, where you will see evidence of the Pyramid Texts inside.



Lunch at a local restaurant

We return to the hotel, to have our Closing Ceremony and share what we have accomplished and learned on this Journey of Love.

Dinner and Overnight in Steigenberger Pyramids Hotel

22 January 2023 (Sunday)

Day 15

Breakfast at the Hotel

We leave early in the morning to catch the 7.30am flight to Amman, Jordan. For those not joining the group in Petra and Jordan, you will be taken to the Cairo International Airport to catch your flight home

OPTIONAL TOUR TO PETRA & JORDAN

22 January 2023 (Sunday)

Day 15

We take the 7.30am flight to Jordan. On arrival, we are collected by our Travel agent and transfer to our hotel, the Petra Moon Hotel. We check in and have free time until dinner.

Dinner and overnight at Petra Moon Hotel



OPTIONAL TOUR TO PETRA & JORDAN

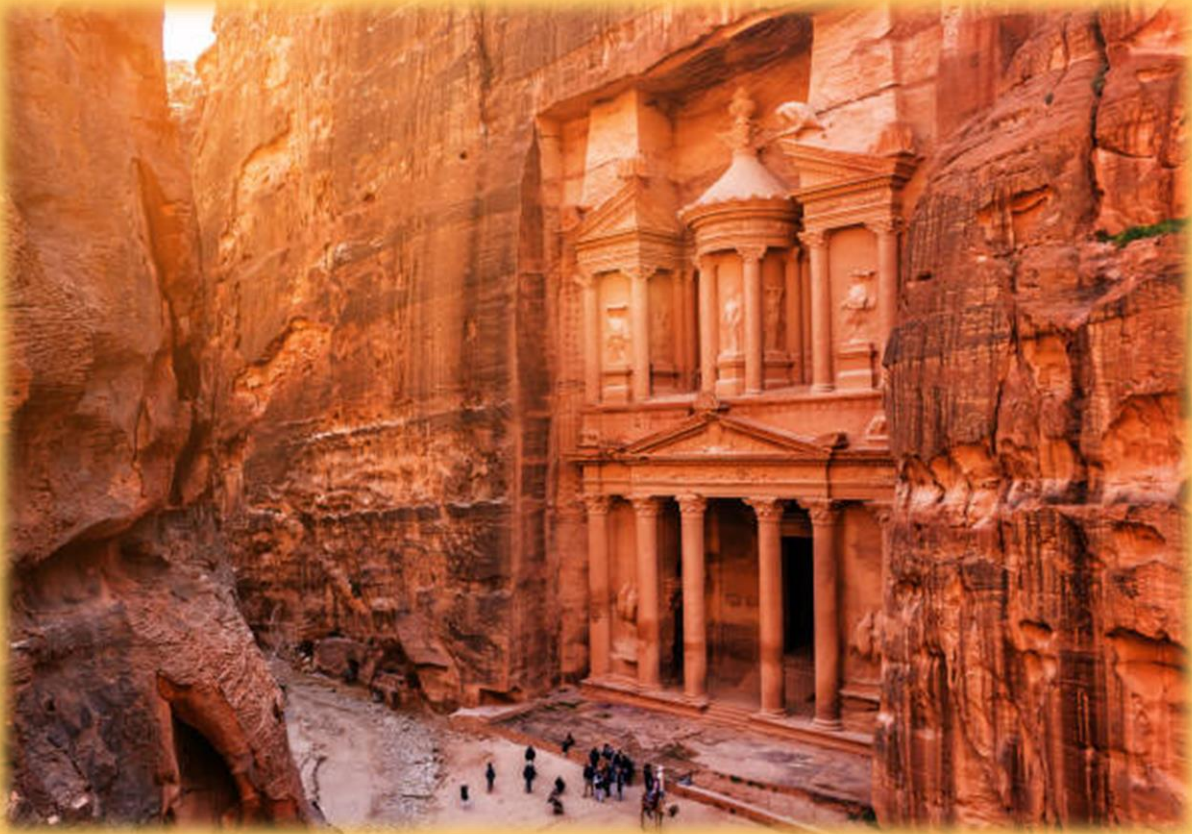
23 January 2023 (Monday)

Day 16

Breakfast at the Hotel

After breakfast, we set up for a beautiful day, exploring Petra, also known as the Red Rose City. It was declared a UNESCO world heritage site in 1985. Originally built by the Nabataeans, to celebrate and highlight the Sun, and highlight the Sacred Temples during the Solstices. Petra is a beautiful city, carved from the limestone on the sides of the mountain. The buildings were painted in bright colours, but these colours have faded over time, leaving behind the beautiful natural red/rose of the limestone.





After our visit to Petra, we transfer to Wadi Rum, and check into Memories Aicha Luxury Camp, where we enjoy our dinner under the stars and sleep in glass domed rooms, where we are able to witness the most spectacular night under the stars.



OPTIONAL TOUR TO PETRA & JORDAN

24 January 2023 (Tuesday)

Day 17

Breakfast at the camp in Wadi Rum

We enjoy a 2 hour Jeep Safari in Wadi Rum and then return to the Airport in Jordan to fly back to Cairo at 2.30pm. We arrive back in Cairo at 4pm.



Tour Cost:

Per Person Sharing in a Double Room	US\$4685
Per person in a Single Room	US\$6175

What's Included:

14 Nights Hotel Accommodation:

1 Night in **Le Meridien Airport Hotel** (No meals)

3 Nights - **Djorff Palace Luxor**

7 Nights on the **Dahabiya**

3 Nights **Steigenberger Pyramids Hotel**

- ☪ All meals: breakfast, lunch and dinner
- ☪ All entrance fees to sites visited
- ☪ All transfers to sites, and 2 airport transfers on arrival and departure in a luxury
- ☪ Air-conditioned bus
- ☪ Licensed English-Speaking Guide
- ☪ 2 Private visits: Step Pyramid & Abydos Temple
- ☪ 1 domestic Flights: Cairo to Luxor
- ☪ Meditation and Healing sessions
- ☪ A manual with information about the Chakra System and Mantras
- ☪ All soft drinks, water and tea and coffee whilst on the Dahabiya

What's Not Included:

- ☪ International Airfare
- ☪ Drinks (except on the Dahabiya)
- ☪ Telephone calls
- ☪ Laundry
- ☪ Medical and Personal Travel Insurance
- ☪ Tipping for the Guide and Dahabiya Staff (US\$300)
- ☪ Optional Excursions



OPTIONAL TOUR TO PETRA & JORDAN

Per Person Sharing in a Double Room **US\$1200**

Per person in a Single Room **US\$1500**

What's Included:

- Return Flight from Cairo to Amman
- 1 Night Accommodation in Petra Moon Hotel
- 1 Night Accommodation in Memories Aicha Luxury Camp
- Airport Transfers
- English Speaking Tour Guide
- All activities and entrance fees mentioned in the itinerary
- Entry Visa
- All meals

What's Not Included:

- Tipping
- Travel and Health Insurance